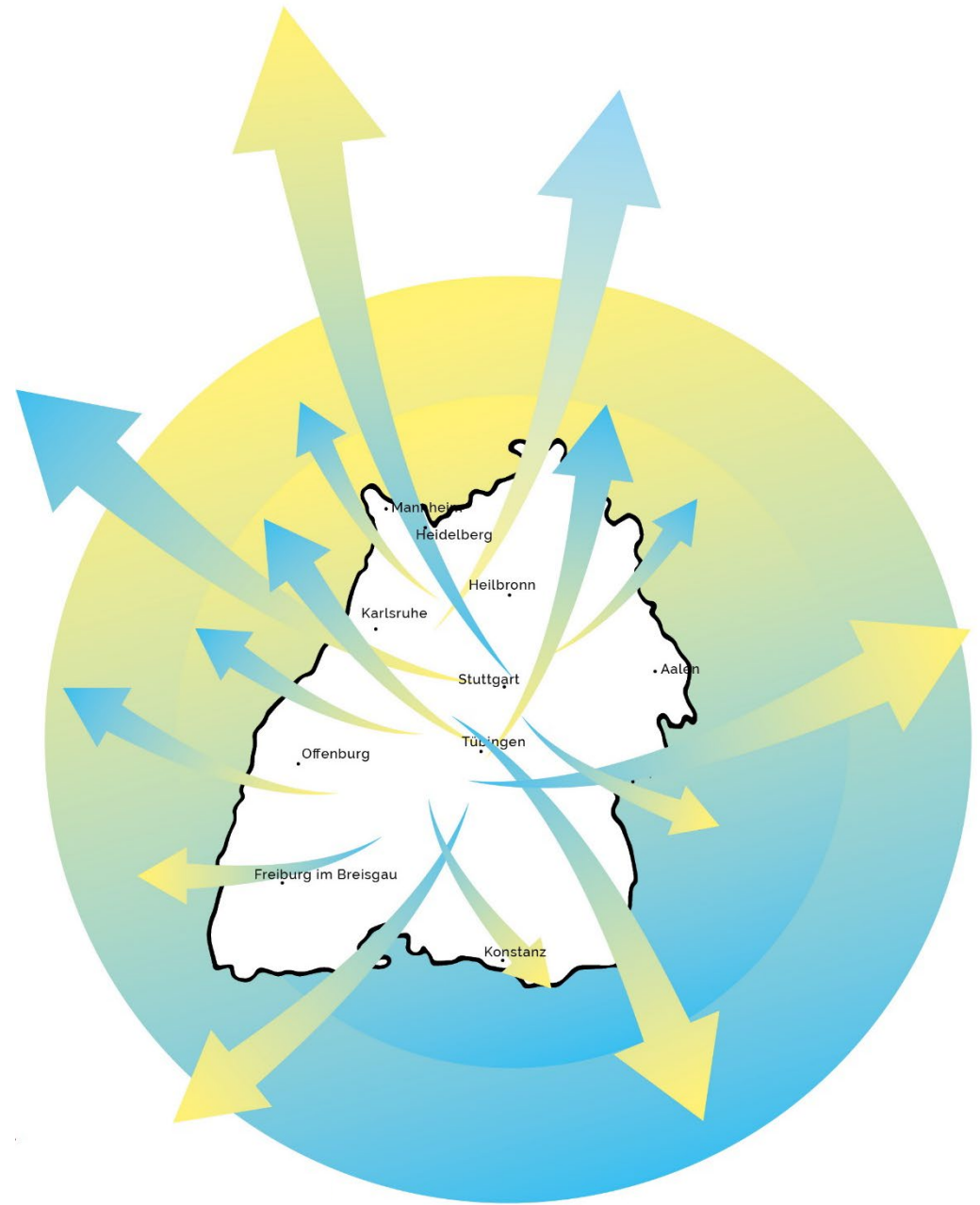


Safety aspects



**Be well prepared for
your adventure!**



Safety aspects – a matter of priority

- Safety aspects are very important to consider, both in the preparation phase as well as during your stay abroad.
- No matter where you travel, your **personal safety, health and security** should be your top priority.
- **Think about....**
 - How is the **security situation** in your destination country and how do you have to adapt your behaviour to avoid critical situations?
 - How are the **health conditions** and do you need to take specific medicine or vaccinations?

Quick tips



- Check the travel advice and safety precautions of the **Federal Foreign Office (*Auswärtiges Amt*)** to see the most recent assessment of the security situation in your country of destination.
- Get **advice locally** about areas of risk and security concerns.
- Know who to **contact** in case of an emergency.
- Avoid protests and **demonstrations**, and do not take **photographs** of sensitive buildings or security personnel.
- Stay alert at all times and take extra measures to protect your **personal security**.
- Leave your **itinerary and travel plans** with family or friends so they know your approximate location at a given time.

Crime

You should always take sensible precautions to protect yourself and your belongings → **simple guidelines:**

- Carry your credit card, tickets and **money** separately, and leave spare cash and valuables in a safe place.
- Don't carry your **passport** unless absolutely necessary and leave a photocopy of your passport (and travel and insurance documents) with family or friends at home.
- Avoid showing large sums of money or wearing valuable **jewellery** in public.
- Don't use **ATMs** after dark, especially if you're alone. Check no one has followed you after withdrawing cash.
- Keep a close eye on your **personal belongings** in public places, such as internet cafes, train and bus stations.
- Avoid **dark and unlit streets, stairways and parks**.

Crime

If you have been a **victim** of a **criminal act**, do not hesitate to contact us.

We know that this is an emotionally demanding process and we will do our best to **help** you along the way with **advice** and **monetary support** for legal fees if applicable.

Of course the **privacy** of your data will be protected at all times.

Federal Foreign Office – Travel and safety advice

Travel advice	Safety advice	Travel warning
✓ Entry requirements ✓ Medical advice ✓ Particularities in criminal and custom law	Particular risks for travellers and foreign residents	Urgent appeal to leave the country i.e. to avoid travelling to a certain country

- Get registered in the **Crisis Prevention List “Elefand”** (for German citizens) or equivalent list of your home country
<https://elefand.diplo.de/elefandextern/home/login!form.action>
- Use the **Travel app**: http://www.auswaertiges-amt.de/DE/Laenderinformationen/02-Hinweise/App_Text.html?nn=332634

Important numbers

- **Police number** of destination country
- **Rescue services** number of destination country
- **Bank's card** cancellation number
- **Mobile operator** cancellation number
- **24h emergency number** of
 - your liability insurance
 - health insurance and
 - accident insurance including insurance policy number

Keep these numbers in a document in your **Drop Box**, send a copy to your **contact person at home** and leave a copy in your **luggage**. If you want to be completely sure, send yourself an **email** with the appropriate information that you can retrieve in case of an emergency or damage.

Covid-19 Pandemic

- Your **health** and **safety** are the biggest priority – especially due to COVID-19!
- Before going abroad, be sure to get information about your destination country's...
 - ... **current (travel) restrictions**
 - ... **general situation**
 - ... **entry requirements** and **quarantining rules**, e.g. through the Federal Foreign Office website
- Be sure to have **sufficient** (travel and health) **insurance** that also applies in pandemics and countries with a travel warning
- Be responsible and **stick to the well-known rules** of distancing, hygiene, wearing face-masks, regular airing of rooms and other rules that apply in your destination country!
- If in doubt, you can also **start your Erasmus-Mobility virtually from home** – please do not hesitate to contact us if you have any questions on this!

Covid-19 Pandemic – Important links

- **Robert-Koch-Institut** (RKI) – here you will find an overview about the most important information about the virus:
https://www.rki.de/DE/Content/InfAZ/N/Neuartiges_Coronavirus/nCoV.html
- Federal Foreign Office (**Auswärtiges Amt**) – here you will find information about travel warnings, safety advice etc:
<https://www.auswaertiges-amt.de/de/ReiseUndSicherheit/covid-19/2296762?isLocal=false&isPreview=false>
- **Erasmus+, NA/DAAD Website** – here you can find more information about your possibilities for a semester abroad during the Covid-19 pandemic: <https://eu.daad.de/service/faq/coronavirus/de/76109-coronavirus-und-erasmus-haeufig-gestellte-fragen-von-gefoerderten-studierenden/>



What else to keep in mind?

- **ATM fees:** Before leaving the country, it's always smart to check with your bank to see what ATM fees to expect.
- **Bank account:** make sure to check whether you will need a local bank account and if yes, what kind of documents you need to open it.
- **Visa:** if you have a non-European nationality, check the visa requirements at your home Embassy for your destination country.
- **Financial support by your destination country:**
some countries provide students with extra financial benefits.
e.g. France (rent allowance by CAF).
Make sure to inform yourself on time!

Contact us

Website:
www.h-ka.de/koor

E-Mail:
koor-praxis-bw@h-ka.de