Course title	*Personal Development & Career Design*
Course code	*S 9928*
Module coordinator	*Anne-Kathrin Wellmann*
Lecturers	*Maja Malovic and Dr.-Ing. Tobias Wienhold*
Level of course	*Bachelor*
Recommended prerequisites	*Students of all backgrounds are welcome to attend. The course requires commitment to active participation and openness to self-reflection.*
Type of course	*Lecture with interactive workshop-style elements, group discussions, and personal reflections*
Weekly lecture hours (SWS)	*2*
ECTS credits	*2*
Workload	*Total 60 h: 30 h course attendance, 30 h self-study*
Assessment (grading; pass/fail)	Graded
Regular cycle	*Each semester*
Language of instruction	*English*
Contents:	*Standing at the crossroads of life after graduation from university can be overwhelming. "What's next?" becomes a daunting question for many students. Navigating the vast ocean of career options and life choices can be overwhelming, leaving you wondering how to carve out a life that's not just successful, but also balanced and fulfilling. But what defines a happy and fulfilling life? Which values matter most to you and how can you choose a career path that aligns with them?* *This course is designed to provide guidance on your path. Through a blend of Design Thinking principles, this journey is tailored for students of all backgrounds eager to define their professional path and set personal milestones.* *With the guidance of your mentors, you'll dive into self-reflection, engaging exercises, and inspiring readings. Our like-minded peers will be your companions, offering support and insights as you navigate this journey together. Together, you'll learn to outline the steps toward your professional future and set personal milestones that are aligned with your ambitions and values.*

Learning outcome (competencies):	*After successfully completing this course, students:* • Know their personal key strengths • Have a clear understanding of their values • Have developed their own clear work and life view • Know how to set professional and personal goals • Have defined their personal goals moving forward • Can apply tools and routines to set and achieve goals • Perform team reflections and feedback sessions
Teaching methods	☒Lecture ☒Group work ☒Exercises ☐Simulation ☐Video feedback ☐Others:
Assessment methods	*Student performance will be assessed based on their active participation in the course, assignments, group work and presentations held in front of their peers.* *A regular course attendance and completion of all assignments is mandatory for the successful completion of this course.*
Recommended reading	*Will be provided during the course*
Additional information	
Recognition of credits	*Will be filled in by coordinators*